

# ANDERSON CHIROPRACTIC CENTER

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**ANDERSON**  
chiropractic center

## Massage Health Intake Form

Name: \_\_\_\_\_ Best Contact Phone # ( ) \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Occupation: \_\_\_\_\_

{Circle one} Male / Female Marital Status \_\_\_\_\_ Number of Children \_\_\_\_\_

In case of emergency: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Referred by: \_\_\_\_\_

**Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary care provider may be required prior to service being provided.**

Have you ever experienced a professional massage or bodywork session? {Circle one} Yes / No How recently? \_\_\_\_\_

What are your massage or bodywork goals? \_\_\_\_\_

What kind of pressure do you prefer? {Circle one} light medium firm

**If you answer "yes" to any of the following questions, please explain as clearly as possible. {Please circle yes or no.}**

Yes	No	Are you pregnant? How many weeks? _____	Yes	No	Do you have tension or soreness in a specific area? _____
Yes	No	Do you have any contagious diseases? _____	Yes	No	Are you sensitive to touch or pressure in any area? _____
Yes	No	Do you have any allergies? _____	Yes	No	Do you have numbness or stabbing pains? _____
Yes	No	Do you bruise easily? _____	Yes	No	Do you suffer from arthritis? _____
Yes	No	Do you have diabetes? _____	Yes	No	Any injuries in the past two years? _____
Yes	No	Do you suffer from epilepsy or seizures? _____	Yes	No	Do you suffer from joint swelling? _____
Yes	No	Do you frequently suffer from stress? _____	Yes	No	Do you have osteoporosis? _____
Yes	No	Do you have cardiac or circulatory problems? _____	Yes	No	Do you suffer from back pain? _____
Yes	No	Do you have high blood pressure? _____	Yes	No	Have you ever had surgery? _____
Yes	No	Are you taking high blood pressure medication? _____			
Yes	No	Other medical condition, or are you taking any medications I should know about? _____			

Yes No Any broken bones in the past two years? \_\_\_\_\_  
Yes No Do you have varicose veins? \_\_\_\_\_  
Yes No Do you experience frequent headaches? \_\_\_\_\_

### **Additional Comments:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage/ bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Signature \_\_\_\_\_ Date : \_\_\_\_/\_\_\_\_/\_\_\_\_

**Consent to Treatment of Minor:** By my signature below, I hereby authorize \_\_\_\_\_ to administer massage, bodywork, or somatic therapy techniques to my child or dependent as they deem necessary.

Signature of Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_